

To: News / Sports Editor

For immediate release

Walk Up Jardine House 2017

- *HK\$3 million raised to help MINDSET to promote mental health in Hong Kong*
- *Over 550 people climbed the 49 Floors of Jardine House, including 45 students from MINDSET's 'Health in Mind' school programme*
- *Over 90 services users from four NGOs played active roles in the event*
- *MINDSET works to reduce the stigma associated with mental illness and provide direct support to those in need*

Hong Kong, 19th March 2017 – The Walk Up Jardine House brought together over 550 people, including Jardines' executives, colleagues from Jardine Matheson Group companies, business associates, their families, friends and people recovering from mental illnesses, to run or walk up 49 floors to reach the Penthouse of Jardine House at a height of 600 feet.

The annual event raised HK\$3 million for MINDSET, a registered charity established by the Jardine Matheson Group that focuses on the area of mental health. The funds will support the promotion of mental health in the community, help reduce the stigma associated with people suffering from a mental illness and provide direct services to those in need of help.

Ben Keswick, Chairman of MINDSET, said, "This year our theme is 'Connecting Minds' and we are delighted to see so many of our friends, colleagues and people from all walks of life connect with each other through Walk Up Jardine House. Their support to MINDSET and mental health is surely making a difference in the community."

Ninety people in recovery from Baptist Oi Kwan Social Service, Caritas, Castle Peak Hospital and New Life Psychiatric Rehabilitation Association joined the event to cheer for the runners and to perform sand painting, puppetry and magic shows for the crowd.

Walk Up Jardine House 2017 included individual and team races, as well as a mass walk for people of all ages. This year a total of 69 corporate teams competed, including 35 teams from business associates and 34 teams from Jardine Matheson Group companies, as well as 35 individuals who ran all the way up in the individual races. 45 students from MINDSET's 'Health in Mind' school programme, a community initiative that promotes awareness of mental health issues in secondary schools, also formed nine teams.

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The Fund Raising Awards in recognition of the highest amount of funds raised went to Lombard Odier (Hong Kong) Limited, Mercedes-Benz Hong Kong Limited and Willis Towers Watson for the Group's business associate, and to Dairy Farm for the Jardines' business unit.

In addition to competitive races, a range of fun and interactive activities were arranged for all to enjoy and take part in. The Fancy Dress Team Award went to Hongkong Land.

Drama and story-telling workshops and DIY art and crafts booths were the favourites of kids and families. The free cotton candy, ice-cream and popcorn kept the children – and many adults – energized and ready to conquer the Walk Up Jardine House!

The fantastic winners of the grueling races are:

- Women's individual – Leanne SZETO 6'33"
- Men's individual – Yui Sheung YEUNG 5'36"
- Team Relay (Jardine Matheson Group) – Men's: Hong Kong Air Cargo 3'45"
Terminals Limited
- Women's: Dairy Farm – Mannings 5'50"
- Mixed: Gammon Construction 3'40"
- Team Relay (Business Associates) – Men's: Vitasoy International 4'05"
- Women's: MTR 5'14"
- Mixed: China Construction Bank 4'12"
(Asia)
- Team Relay (Schools) – Men's: CCC Ming Yin College 3'34"
- Women's: CCC Ming Yin College 4'59"
- Mixed: CCC Ming Yin College 4'05"
- Jardine Ambassadors Rose Bowl – Gammon Construction 3'40"
- Barrow Cup* (Men) – Danny LUK 7'12"
- Barrow Cup* (Women) – Flora CHEUNG 3'55"

* *Barrow Cup, which is for runners of over 40 years old, is awarded to the one with the smallest value of his running time divided by age.*

Walk Up Jardine House is organized by the Jardine Ambassadors, young executives from across the Jardine Matheson Group who spearhead the community projects. Since 1982, the Jardine Ambassadors programme has raised close to HK\$50 million through this annual event. Launched in 2002, MINDSET is the Jardine Matheson Group's philanthropic initiative in Hong Kong intended to make a difference in the area of mental health. It aims to raise awareness and understanding of mental health issues and to provide practical support for charitable initiatives in the sector (www.mindset.org.hk).

Education is one of the key focuses of the MINDSET programme. As a platform to promote a positive attitude towards mental illness among young people, Jardine Ambassadors are leading the efforts through the in-school 'Health in Mind' programme, co-organized with the Hong Kong Hospital Authority.

For further information, please contact:

Jardine Matheson Limited
Esther Wong

(852) 2843 8253

Brunswick Group
Vivian Liu

(852) 3512 5073

Walk Up Jardine House 2017

Photo 1:



Participants run up to the top of Jardine House in support of MINDSET, the Jardine Matheson Group's charity that focuses on mental health.

Photo 2:



Children have colourful painting on their faces in the 2017 Walk Up Jardine House.

Photo 3:



The Hongkong Land team won the Fancy Dress Awards in the 2017 Walk Up Jardine House. Fifth from left is Hongkong Land Chief Executive, Robert Wong.